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WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	MEAT FREE WEDNESDAY	THURSDAY	FISH FRIDAY
Main Meal Option	Sausage in a Roll with Wedges	Mild Beef Chilli & Rice 	Pasta in Tomato & Basil Sauce	Pitta Bread Filled with Plant-based Meatballs in an Arrabbiata Sauce 	Fish Fingers & Chips 
Halal Option	Halal Chicken Sausage in a Roll with Wedges	Mild Beef Chilli & Rice 	Pasta in Cheese Sauce	Margherita Pizza & Home-baked Potato Wedges 	
Vegetarian Option	Vegetable Sausage in a Roll with Wedges 	Macaroni Cheese	Plain Pasta	Margherita Pizza Slice with 	Cheese & Onion Bake & Chips
Vegetables	Coleslaw & Garden Peas 	Vegetable Sticks or Sweetcorn 	Seasonal Greens & Carrots 	Broccoli, Carrots & Cauliflower or Mixed Salad 	Garden Peas, Baked Beans 
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo, or Cheese
Dessert	Chocolate Fudge Cake	Apple & Cinnamon Rolls 	Strawberry Jelly ^{VG}	Fruit Slices & Vanilla Cookie ^{VG} 	Vanilla or Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Vegan VG
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England's target for 'free sugar' intake for your child
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.